



Rebuilding Hope with a Vision



# 2013 Annual Report



*Education is the most powerful weapon that you can use to change the world.”  
(Nelson Mandela)*

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## From the Director's Desk

2013 has been an exciting year for Vision and Hope Foundation. So many developments took place that includes the extension of "Promotion of safer sex among young women in Harare's low socio economic settings" in Mbare and Hopely. The project has this year involved men and women cultural and social barriers that lead to HIV related stigma and gender based violence.

. We continue to work on a very limited budget and our work continues to grow with a lot more children needing genuine school, food and medical support. Regardless of faced challenges, the organisation continues due to the dedication of our underpaid staff and interns who are overworking as we are understaffed.

Resource mobilization remains a priority in 2014 as demand for services keep increasing at a higher pace than the available resources to respond.

Many thanks go to our generous supporters, donors and individuals who support us in different ways. I should also like to thank the Board for their enthusiastic support and say how exciting and inspiring to work with a groups of committed people with human development at heart.

Godfrey Mungazi  
Director



## **Vision and Hope Foundation**

Vision and Hope Foundation (VHF) is a community based development organization established by youth from the Harare community to contribute towards the reduction and ultimate eradication of HIV & AIDS among young people. VHF seeks to promote the empowerment of young people through skills development, information sharing, counseling, training on HIV and AIDS prevention and management, psycho social support and above all providing basic education to orphans and other vulnerable children. It was established in 2003 and got legally registered in 2006 as a youth welfare organisation under the Youth Act of 1997.

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### **Our Vision**

We envision a society where young people enjoy their economic, social and cultural rights and walk in their full potential.

### **Our Mission**

We are committed to provide meaningful support, care and to empower young people and communities to develop innovative and sustainable solutions to HIV & AIDS and other social ills of the society and live wholesome lives.

### **Our Hope**

Our hope is vital

## **Guiding principles**

Empowerment  
Meaningful involvement  
Innovation  
Team work

### **Our Objectives**

Reduce the impact and spread of HIV and other related social ills of the society among young people.

Empower young people economically, socially and culturally for them to assert their rights and resist abuse as well as helping them realize their potential in life.

Develop, gather and disseminate sexual and reproductive health, HIV and other related information to young people.

Support psycho-socially and materially the HIV and AIDS infected and affected, orphaned, under privileged and vulnerable young people.

Identify and address cultural and social issues that impede the full growth and development of young people in all spheres of life.

## **Programs**

Vision and Hope Foundation has 3 main programs and all our projects fall in one of the programs. Following are the programs:-

- EduSport Program
- Psychosocial Support Program
- Leadership and Life Skills Development program

### **EduSport Program**

EduSport Program has been the outstanding program as it reached more than 2800 young people this year alone. The Program kicked off in April 2009 and its main objective is to nurture role models through sport, HIV and AIDS education, life skills training and community work. The program has three components that include sporting itself, community work and leadership and life skills development. The program is married to Leadership and Life Skills Development program as many of the trainings related to this program are done under this program.

### **Mbare Vision and Hope Junior Soccer League**

The league was launched in April 2008 with 16 under 13 and 16 under 15 teams. In 2010 the league has seen the birth of under 11 teams and under 19 teams. Each team now has 5 teams of different age groups. Girls' teams have continued to participate although teams are still few. Girls are also playing netball, volleyball, basketball, handball and hockey without leagues.

### **Tournaments**

A total 5 tournaments were held this year. Soccer tournaments were held in Hopely and Mbare. These attracted many people, both male and female and were used as a platform for PMTCT and HIV prevention awareness raising. Before the tournaments the teams participated in community work and life skills sessions. Reading material on HIV and AIDS were distributed on the day of the tournaments.

Some life skills sessions and club meetings tournaments focused took place during the two weeks prior to the tournament. All participating teams participated on the cleanup campaigns and community work.

### **Psychosocial Support Program**

#### **School fees and school related assistance**

50 children were assisted with school fees in Mbare of which 21 were females. 11 of them were in Secondary school. A total of 100 children from Mbare, 50 from Sunningdale and 500 from Hopely received stationery in January, May and September.

A total of 6 children were assisted with school uniforms in Mbare and 5 from Hopely received uniforms and clothing.



*Stationery distribution at Stoddart Hall in May*

### **Rising Star**

As a school Rising Star received, 10 boxes of chalks, Board dusters and reading materials on HIV and AIDS, child abuse and child rights issues. Engineers without Borders Germany partnering with ZimRelief e.V have committed to assist with the construction of the school. Kristina an architect student has drawn a master plan for the school. The school is in the process of acquiring necessary documentation to gain authority to properly construct.

### **Feeding Scheme**

Averagely, plus or minus 52 children come to the feeding scheme 3 days a week being Monday, Wednesday and Friday. They drink a traditional energy giving drink (mahewu). After drinking, they engage in life skills sessions and play different games ranging from soccer, netball, handball to name but few. A total of 16 sessions were held this year discussing different topics. Also taught is drama skills and traditional dances. In Hopely 220 children had lunch at the school during school days.

### **Christmas party**

A Christmas party was hosted for the 100 OVCs attending PSS to have fun and appreciate the festive season. Most guardians volunteered on the day in different ways ranging from cooking, serving, telling stories and playing with children. This time there were no presents.

### **Leadership and life Skills Development Program Youth Camp 2013**

A youth camp was organized in partnership with Shingirirai trust and Glen Forest Development Centre. A total of 30 children, seven facilitators attended a one day camp held at Mbizi Game Park in February. The camp was honored by the presence of ZimRelief Director and his team.



*Participants in at the youth camp*

### **Youth friendly and Information center**

We received a variety of materials from United Nations Population Fund (UNFPA), Southern Africa AIDS Information Dissemination Services (SAFAIDS), Zimbabwe National Family Planning Council (ZNFPC), UNICEF and Zimbabwe AIDS Network for distribution at the information center.

A total of 80 youths were trained and certified on basic computer skills and ICDL in Mufakose and Mbare.

### **Captain's training on Peer Education**

15 captains for the under 15 teams were trained Peer Education and Leadership. They were also sensitized on the Edusport concept and Life Skills.

### **Meeting the Care Givers**

Twice a year consultative meetings are held with the caregivers. This year these were held in February and September. This is a platform in which we interact with caregivers making them understand our programs and for them to contribute towards programs improvement.

### **Promotion of safer sex among young women in Harare's low socio-economic settings**

The second phase of the project "Promotion of safer sex among young women in Harare's low socio-economic settings is being implemented in Hopely and Mbare in the Southern district of Harare in line with the Memorandum of Understanding signed on 24 October 2012. The project is running from December 2012 to November 2014. As of December 2013 a total of 250 t/shirts, 200 poster and 3000 pamphlets were produced to sensitize communities on PMTCT and HIV prevention.

## **Trainings**

Refresher course for Peer Educators trained last year was conducted and a total of 50 Peer Educators were trained. A total of 90 young men were also trained as Peer Educators to raise awareness and support for PMTCT to reach out to fellow men on the importance of male involvement on PMTCT. As well to educate peers on drivers of the epidemic including concurrent partnerships, links between alcohol and HIV, and gender based violence. A total of 50 community volunteers were trained in both communities. The purpose of the training was to enable them to provide home based follow up and support in PMCTC. They were trained on record keeping, stigma and discrimination, peer counseling and were given information on HIV prevention, stages of HIV progression, transmission methods, PMTCT and VCT, ART and breastfeeding.



*Training of Male peer Educators in Mbare*

## **Awareness and Outreach**

2 awareness campaigns were held in both communities to create awareness and sensitize the general public. Drama presentations, poetry, dances, condom demonstration and distribution and delivering of key messages were done, followed by a quiz at the end of the activity as way of evaluating. These have always been

the crowd pullers with each having more than 500 people attending.

A total of 2 beer hall outreach activities were held targeting mainly males and few women who frequent the beer halls. A lot of men showed more interest on these as there were men participating this time who happen to be known in those beer halls. The purpose of these was to educate mainly on perinatal transmission and to encourage male involvement. 100% of all male and female condoms procured were distributed. Unfortunately the number of condoms reduced as the price went up by US\$0,05c per pack of the activity continued to contribute towards reducing the further transmission of HIV infection. Condom demonstrations were done in all project activities to make sure that they are used correctly and consistently.

## **Meetings**

A total of 30 support group facilitators were trained. The trainings aimed to give them skills to facilitate meetings, guide and control discussions. 2 support groups of pregnant and lactating mothers were formed in both areas. They held their meetings once a month for support and information sharing. Each group held a total of 5 meetings each. Male clubs were established in both communities. Both clubs meet once a month to discuss selected topics and plan for condom distribution. These clubs provided men with information on VCT, PMTCT, HIV prevention, stages of HIV progression, ART, herbal remedies, gender issues to name but a few. These meetings have not attracted as much men as we anticipated. A total of 15 meetings were held in both areas. As well club meetings continued from last year and a total of 16 meetings were held in both communities. They continued to attract a lot more people.

300 less privileged women in both communities continued to receive sanitary pads. This is an effective way of bringing young women to participate in project activities.

## Networking

### Day of the African Child

This day was commemorated on 29<sup>th</sup> June at Stoddart netball Complex at district level. More than 400 children participated on the day. Vision and Hope Foundation led the procession and a group from our programs presented a play on children's rights.



*Participants at the Day of African Child commemorations*

### Provincial World AIDS Day Commemoration

The commemorations took place on 31<sup>st</sup> May. The day started with a march from Mbare Police station to Stoddart Hall. It was so colourful and was blessed with the presents of executives from all districts and the provincial chairperson. Children from Vision and Hope Foundation programs presented on the day and our program officer conducted a quiz in which 10 people won t-shirts from us.



*Participants singing our National Anthem at the World AIDS Day commemorations*

### District AIDS Action Committee

Vision and Hope managed to attend all the 4 meetings held this year. Our Community Liaison Officer continues to be the Vice chair for the DAAC executive committee. Our project "Promotion for safer sex among young women was nominated a best practice in the district and the provincial committee would like us to expand to other districts.

### Child Protection Committee

There are two committees which are adult and child lead. For the adult lead we have attended the 6 meetings held. We were part of the planning committee that organized the Day of the African child. For the child lead committee our Tinotenda Chikuyo a form 3 student was nominated chairperson for the committee. He is a beneficiary of our Psychosocial support program..

### Visit to Germany

The Director visited Netherlands to attend a meeting and Germany where a couple of meetings were arranged for him to present about our programs and projects and Rising Star. The visit was a month long.

### Personnel

A student from Midlands State University Yeukai Manangazira was contracted as an intern. Mr Tapera Jamanda has rejoined us as community Liaison Officer in November 2013.

### Conclusion

Appreciation goes to the volunteers for facilitating the work of VHF within communities, implementing and funding partners that include Zimbabwe German Society, National AIDS Council, City Health and Social services departments, Women of Virtue, Zimbabwe National Family Planning Council, UNICEF, Positive Action for Children Fund and above all ZimRelief for the overall support. Also appreciation goes to private companies that include Sunspan Fruit and Veggies, Lobels Bread, and Dairiboard. They all contributed towards effective service delivery.



## Vision and Hope Foundation in Pictures



*Peer Educators distributing condoms*



*Young men peer Educator's meeting in Hopely*



*The Director and ZimRelief Director co-presenting at a meeting in Stuttgart*



*Condom demonstration at an outreach activity*



