



Rebuilding Hope with a Vision



2011 Annual Report



*Education is the most powerful weapon that you can use to change the world.”
(Nelson Mandela)*

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From the Director's Desk

2011 has been an exciting year for Vision and Hope Foundation. So many developments took place that includes the start of a new project known as "Promotion of safer sex among young women in Harare's low socio economic settings" in Mbare and Hopely. It has seen the training of 100 peer educators and a variety of projects which aimed to raise awareness to both communities. As a result of the project, it has been realized that a new stand alone programme within Vision and Hope Foundation is inevitable.

Apart from the new project, Computers to enhance the activities of our youth friendly and information centers arrived in October from World Computer Exchange and the city of Harare has agreed to give us a more adequate room to set up the computers. We look forward to set them up in 2012 and have them connected to internet.

The on-going challenges have been with evolved projects that we hope to extend in 2012. We continue to work on a very limited budget and our work continues to grow with a lot more children needing genuine school, food and medical support. Regardless of faced challenges, the organisation continues due to the dedication of our underpaid staff and interns who are overworking as we are understaffed. The dream of obtaining land to construct a youth centre will be carried forward.

Resource mobilization remains a priority in 2012 as demand for services keep increasing at a higher pace than the available resources to respond.

Many thanks go to our generous supporters, donors and individuals who support us in different ways. I should also like to thank the Board for their enthusiastic support and say how exciting and inspiring to work with a groups of committed people with human development at heart.

Godfrey Mungazi
Director



Vision and Hope Foundation

Vision and Hope Foundation (VHF) is a community based development organization established by youth from the Harare community to contribute towards the reduction and ultimate eradication of HIV & AIDS among young people. VHF seeks to promote the empowerment of young people through skills development, information sharing, counseling, training on HIV and AIDS prevention and management, psycho social support and above all providing basic education to orphans and other vulnerable children. It was established in 2003 and got legally registered in 2006 as a youth welfare organisation under the Youth Act of 1997.

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Our Vision

We envision a society where young people enjoy their economic, social and cultural rights and walk in their full potential.

Our Mission

We are committed to provide meaningful support, care and to empower young people and communities to develop innovative and sustainable solutions to HIV & AIDS and other social ills of the society and live wholesome lives.

Our Hope

Our hope is vital

Guiding principles

Empowerment
Meaningful involvement
Innovation
Team work

Our Objectives

Reduce the impact and spread of HIV and other related social ills of the society among young people.

Empower young people economically, socially and culturally for them to assert their rights and resist abuse as well as helping them realize their potential in life.

Develop, gather and disseminate sexual and reproductive health, HIV and other related information to young people.

Support psycho-socially and materially the HIV and AIDS infected and affected, orphaned, under privileged and vulnerable young people.

Identify and address cultural and social issues that impede the full growth and development of young people in all spheres of life.

Programs

Vision and Hope Foundation has 3 main programs and all our projects fall in one of the programs. Following are the programs:-

- EduSport Program
- Psychosocial Support Program
- Leadership and Life Skills Development program

EduSport Program

EduSport Program has been the outstanding program as it reached more than 2800 young people this year alone. The Program kicked off in April 2009 and its main is to nurture role models through sport, HIV and AIDS education, life skills training and community work. The program has three components that include sporting itself, community work and leadership and life skills development. The program is married to Leadership and Life Skills Development program as many of the trainings related to this program are done under this program.

Mbare Vision and Hope Junior Soccer League

The league was launched in April 2008 with 16 under 13 and 16 under 15 teams. In 2010 the league has seen the birth of under 11 teams and under 19 teams. Each team now has 5 teams of different age groups. Girls' teams have continued to participate although teams are still few. Girls are also playing netball, volleyball, basketball, handball and hockey without leagues.

Tournaments

A total of 3 tournaments were held in 2011. An under 15 tournament was held in May with all league teams participating. Before the tournament the teams participated in community work and life skills sessions. Reading material on HIV and AIDS were distributed on the day of the tournament. The tournament was

graced by the Harare Junior league Secretary and the City of Harare District Social Organiser Mr. Nyamimba.



Another tournament was held in Mufakose on October 29. A total of 8 teams participated on the day. There were 14 teams and they had their round robin games two weeks before leaving 8 teams to play on the day of the tournament.

Some life skills sessions took place during the two weeks prior to the tournament. All 14 teams participated on the cleanup campaign that took place at Mufakose Library on 21st. The cleanup aimed at slashing, clearing grass and rubbish at Mufakose Library.

In the same month a girl's tournament was held on 15th, at Number 5 grounds in Mbare. A total of 8 girls' teams participated. The winning teams at both tournaments were awarded with T-shirts, girls' sports tops and the top goal scorers were also honored with a

soccer shorts and jerseys. Coaches were awarded with tracksuits, footballs, soccer jerseys and soccer nets. Player of the tournaments were also awarded with soccer jerseys

In Mufakose a quiz was also held covering questions from the life skills sessions and two boys were awarded with a T-shirt and a soccer jersey respectively. Before the girls tournament all teams did community service and have sessions on drug abuse and HIV/AIDS.



Mr. Nyamimba (District Social Organizer) handing a prize to the top goal scorer at the girls tournament with Director

Coach Training on Leadership and Life Skills

Psychosocial Support Program

School fees and school related assistance

40 children were assisted with school fees in Mbare of which 12 were females. 11 of them were in Secondary school. A total of 100 children from Mbare, 50 from Sunningdale and 350 from Hopely received stationery in February, May and September 2010.



Rising star Head receiving corrugated sheets from Vision and Hope Director

As a school Rising Star received, 10 boxes of chalks, Board dusters and reading materials on HIV and AIDS, child abuse and child rights issues.

A total of 8 children were assisted with school uniforms in Mbare and 8 from Hopely received uniforms and clothing.

Feeding Scheme

Averagely, plus or minus 60 children come to the feeding scheme 3 days a week being Monday, Wednesday and Friday. They drink a traditional energy giving drink (mahewu). After drinking, they engage in life skills sessions and play different games ranging from soccer, netball, handball to name but few. A total of 24 sessions were held this year discussing different topics. Also taught is drama skills and traditional dances. The programme was affected towards end of year with room reallocation.

Christmas party

A Christmas party was hosted for the 150 OVCs attending PSS to have fun and appreciate the festive season. Most guardians volunteered on the day in different ways ranging from cooking, serving, telling stories and playing with children. Those who

passed on their end of year exams were given presents as a way of motivating them in the form of shoes, t/shirts, jackets and dresses books.



An orphan benefiting from our OVC program showing her new uniform

Leadership and life Skills Development Program Youth Camp 2011

Vision and Hope Foundation organized and facilitated a youth camp in March. Glen Forest Development Centre and Shingirirayi Trust participated. A total of 24 young people and 9 adults (facilitators) attended the camp. The camp was honored by the presence of ZimRelief Director and his team who facilitated a session on environment and communication.

The topics covered included HIV and AIDS, Nutrition, Bicycle safety, communication, human growth and development, child abuse and child rights. They also enjoyed playing soccer, volleyball and other games.



Participants in a session at the youth camp

Youth friendly and Information center

We received a variety of materials from United Nations Population Fund (UNFPA), Southern Africa AIDS Information Dissemination Services (SAFAIDS), Zimbabwe National Family Planning Council (ZNFPC), UNICEF and Zimbabwe AIDS Network for distribution at the information center. Television sets and DVD players were added to the information centres.

30 computers from World Computer Exchange were received with ZimRelief support on shipping and subsidized fees. We look forward to get them connected to the internet if funds permit in 2012. Over 500 visited the information center to access information and condoms. A total of 4 club meetings with young women and 20 life skills sessions were held with soccer teams' players and coaches.

Coach Training

18 coaches received a refresher course on the implementation of our EduSport Program. The training included Peer Education Leadership and Life Skills.



Role play in a coaches training

Meeting the Care Givers

In November a consultative meeting with care givers of the OVC in our program was held to make them understand our programs and encourage them to volunteer in various ways. Also to raise their concerns and give advice in making the programs interesting for the children. During this meeting, a need for a pre-school was raised again as there are children who are below five and has to compete in getting a school place with those from better families. Again a call for affording vocational training for those not in schools coming from child headed families.

Promotion of safer sex among young women in Harare's low socio-economic settings

A new project on **Promotion of safer sex among young women in Harare's low socio-economic settings** in Mbare and Hopely was launched in 92 young women and 8 young men as peer educators. Two awareness campaigns and two beer outreach programs have been done reaching more than 1000 people in Mbare and Hopely. Sanitary pads were distributed to 300 less privileged and vulnerable young women in Hopely and Mbare ranging from 13 to 25 years of age. We are distributing both male and female condoms as a way of complimenting our outreach programs teachings on safe sex through proper and consistent usage of the condoms.



Newly trained Peer Educators in Hopely

The project seeks to reduce or prevent new infections among young women in Mbare and Hopely farm by addressing the factors that expose them to HIV infection. The project is anticipated to significantly address the risk factors that expose adolescent girls and young women to HIV infection. This will translate into reduced incidences of HIV among young women and reduced HIV infant infections. This will be achieved through adoption of positive health seeking behaviours among young women and men in the targeted communities.



A community sister from Hopely makeshift clinic teaching young women how to use sanitary pads just before the 1st distribution.

Personnel

Lyn Chinyanga was contracted in May 2011 as the Program Officer. She has a history in teaching and a holder of a degree in History and Development Studies and a Diploma in HIV and AIDS Management. Two students from Midlands State University (Nunurai Mapfumo and Julian Jasi) were contacted as interns. Sadly Mr Tapera Jamanda and Jojo Naison left the organisation in June for another organisation and for misbehaving respectively.

Conclusion

Appreciation goes to the volunteers for facilitating the work of VHF within communities, implementing and funding partners that include Zimbabwe German Society, National AIDS Council, City Health and Social services departments, Safaids, Zimbabwe National Family Planning Council, UNAIDS, UNICEF, Positive Action for Children Fund and above all ZimRelief for the overall support. Also appreciation goes to private companies that include Sunspan Fruit and Veggies, Lobels Bread, and Nutresco. They all contributed towards effective service delivery.

Vision and Hope Foundation in Pictures



Club meeting and Sanitary distribution in Mbare



ZimRelief Director addressing youths at a soccer tournament



Last Day of Training of Peer Educators in Mbare



The Winning team at the Girls tournament



An Under 15 boys team displaying their drama skills during a soccer tournaments



Information Board at the soccer tournament

